



STATE OF MICHIGAN

DEPARTMENT OF COMMUNITY HEALTH  
LANSING

JENNIFER M. GRANHOLM  
GOVERNOR

JANET OLSZEWSKI  
DIRECTOR

## **Advisory Committee on Pain and Symptom Management Meeting Minutes**

**August 16, 2007**

### **Members in attendance:**

Melanie Brim  
Ruth Ann Brintnall, Ph.D.  
Dennis Dobritt, D.O.  
Frenchie McCall, L.M.S.W.  
Karen Ogle, M.D.  
Lawrence Prokop, D.O.  
Claire Saadeh, Pharm.D, BCOP  
Maria Silveira, M.D.  
Robert Zalenski, M.D.

### **Representing/Appointed By:**

Michigan Department of Community Health  
Grand Valley State University  
Michigan Board of Osteopathic Medicine and Surgery  
Chronic Pain Sufferer/Governor  
Michigan State University/Governor  
Michigan State University/Governor  
Michigan Board of Pharmacy  
Michigan Hospice and Palliative Care Assoc. /Governor  
Wayne State University/Governor

### **Members absent:**

Daniel Clauw, M.D.                      University of Michigan/Governor  
Jack Gobetti, D.D.S.                   Michigan Board of Dentistry  
Edward Haughn, D.O.                  Michigan Board of Osteopathic Medicine and Surgery  
Alan Lewandowski, Ph.D.              Michigan Board of Psychology  
John Pappas, M.D.                      Michigan Board of Medicine

### **Visitors in attendance:**

Jeanne Lewandowski, M.D., Western Michigan University  
Chris Patterson, Muskegon Community College  
Jeff Towns, Michigan Hospice and Palliative Care Association  
Kay Presby, Michigan Hospice and Palliative Care Association  
Ed Rivet, Michigan Right to Life  
Chris George, MHA-Keystone Center  
Aron Sousa, MD, Michigan State University/College of Human Medicine  
Mark Burley, MI HOSA  
Michael Stellini, Wayne State University  
May Yassime, Michigan Public Health Institute

**Department staff in attendance:**

Susan Affholter  
Angela Awrey  
Perry Bell  
Steve Creamer  
Doreen Lyman  
Robert Ulieru  
Michael Wissel, R.Ph.

Meeting was called to order at 9:43 a.m.

**Welcome and Introductions:**

Melanie Brim, Director, Bureau of Health Professions, introduced herself and requested that the ACPSM members and department staff introduce themselves.

Melanie informed the committee of the Governor's office approval of the Department's proposal on Continuing Professional Development (CPD). The Department will be presenting to 5 boards interested in implementing a CPD program beginning in September.

Melanie indicated that the department is collaborating with the Cancer Section of the MDCH to work on the expansion of the pain management website.

**BHP Staff Updates:**

Steve Creamer discussed the agenda and went over the handouts that were distributed. He discussed the handout on the recommendations of the committee. He asked for the committee to email or call him with any suggestions to this document by the middle of September. The "no action taken" table of the worksheet needs to be reviewed and suggestions sent by email to Steve by the middle of October. Steve will be sending an email to ACPSM asking for suggestions.

Steve identified the handout "International Association for the Study of Pain: Curriculum Guidelines", which included curriculum guidelines for medicine, nursing, PT & OT, pharmacy, dentistry, and psychology. Steve will be soliciting feedback by email this fall regarding whether the ACPSM should send these guidelines to training programs in Michigan.

Steve introduced Mark Burley of HOSA (Health Occupations of America) of Michigan, and described a health assessment component that will be included in their 2008 Service Learning Project, when students will be interviewing nursing home residents.

The subcommittee for the pain management website met in July. Four members of the subcommittee were present. There were many suggestions discussed at the subcommittee meeting, including 1) "optimizing" the website to facilitate user search,

2) website promotion by linking to other websites, 3) rewriting or editing numerous sections to further define pain-related terms and enhance navigation through the website, 4) proposed website sections or subsections for cancer pain, nursing homes, children's pain management, myths of pain management, palliative care, and other related areas, 5) additional links to important pain websites, and 6) an improved introduction section in the consumer section that defines pain and pain management more effectively.

Doreen discussed the pain and symptom management website. The website was launched May 16, 2007. Susan Affholter sent an email to 37 organizations and also to a ListServ of 750 professionals asking them to look at the website and possibly link to it. The Public Forum Newsletter will go out at the end of the summer and will include an article about the website. Since the website promotional activities began in June, the website traffic has increased by 33%.

Many members were asking about a press release from the department about the website. Some suggested that since September is Pain Awareness month now would be a good time for the press release. Melanie indicated that if department is comfortable with the website they may go forward with a press release.

Doreen indicated that a mass email will go out to hospitals to make them aware of the website. Frenchie McCall suggested sending an email to pharmacies about the pain and symptom management website as well, so that they can post it for customers to read.

### **Pain Management in Michigan Medical School Curricula Presentations and Discussions:**

Michael Stellini, M.D., Professor of Medicine/Chief of Section for Palliative Medicine in the Department of Internal Medicine, from Wayne State University presented the curriculum. The medicine curriculum serves about 300 students per year. A quarter of the curriculum deals with pain management.

Aron Sousa, M.D., Senior Associate Dean for Academic Affairs, College of Human Medicine, Michigan State University presented the 4-year curriculum. Dr. Sousa indicated that the pain management curriculum stressed impacting both students' knowledge and attitudes. Discussion and questions followed.

Follow up discussion included suggestions by the presenters and/or ACPSM meeting attendees to 1) bring practicing professionals up to speed with regard to the importance of pain management, 2) have a palliative care component in all hospitals and other clinical sites where medical students have a clinical experience, 3) make efforts to change Medicaid and private insurance reimbursement to include coverage for non-pharmaceutical pain management therapies, and 4) raise consumer awareness of the right to be free of pain.

Maria Silveria, M.D. suggested linking Health Care Alliance Pool to the pain management website.

**Three Cases of Under Treatment of Pain Management –Presentation:** Maria Silveria, M.D., will be presenting at the November 2007 meeting.

**Report of Pain Management Findings from the Special Cancer Behavioral Risk Factor Survey - Presentation:**

May Yassine, Epidemiologist, Manager, Michigan Public Institute Cancer Program presented information on the End-of-Life Care in Michigan. She provided a handout for the committee to look over. Discussion and questions followed.

**Ed Rivet, Legislative Director of Right to Life of Michigan**, ended the group discussion with high praise for the ACPSM. Mr. Rivet identified Michigan as a national leader in addressing the importance of pain and symptom management, and expressed his commitment to supporting and assisting the group's efforts to further elevate this issue in our state.

**Next Steps/Adjournment:**

Melanie indicated that the next step would be to schedule MSU/COM and University of Michigan Schools of Medicine to present at the November 2007 meeting.

The committee needs to take a closer look at the recommendations that were distributed and forward suggestions to Steve.

Follow-up on discussions that took place at this meeting.

Invite a representative from the Center for Rural Health to present at November's meeting.

Follow-up on a press release on the pain and symptom management website in September as part of Pain Awareness month.

The meeting was adjourned at 11:56 p.m.

Prepared by: \_\_\_\_\_  
Angela Awrey

Date: August 16, 2007